

ELEMENTARY

B.I.C. 1



OCTOBER 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Daily Milk Options:
Fat Free Choc Milk
1% White Milk

1
Double Chocolate Chip Bar
Apple Strawberry Crisps
Craisins

2
Maple Pancake & Chicken
Sausage Sandwich
Sliced Apples
Craisins

3
Pink Concha
Orange Juice
Craisins

6
Cinnamon Swirl
Craisins

7
Oatmeal Chocolate Chip Bar
Grapes
Craisins

8
Mini Confetti Pancakes
Bananas
Craisins

9
Ultimate Breakfast Round
Sliced Apples
Craisins

10
White Concha
Apple Juice
Craisins

13
NO SCHOOL/HOLIDAY

14
French Toast Bar
Craisins

15
Super Donut
Apple-Strawberry Crisps
Craisins

16
Fun n Frutti Waffle
Sliced Apples
Craisins

17
Chunky Monkey Bar
Orange Juice
Craisins

20
Mini Cinnis
Craisins

21
Chocolate Muffin
Grapes
Craisins

22
Breakfast Cluster
Bananas
Craisins

23
Marshmallow Matey's
Sliced Apples
Craisins

24
Homemade Banana Bread
Apple Juice
Craisins

27
Pop Tart
Craisins

28
Ham & Swiss Croissant
Grapes
Craisins

29
Double Chocolate Chip Bar
Apple Strawberry Crisps
Craisins

30
Maple Pancake & Chicken
Sausage Sandwich
Sliced Apples
Craisins

31
Pink Concha
Orange Juice
Craisins

Bemis, Curtis, Dollahan, Dunn,
Fitzgerald, Garcia, Hughbanks, Morris,
Preston, Werner

This Institution is an Equal Opportunity Provider.

Monday

OCTOBER

TUESDAY Wednesday Thursday

FRIDAY

All students will be offered 5 components at lunch: meat/protein, bread/grain, fruit, vegetables, and milk. Students must select a ½ cup serving of fruit or vegetable and two other components for lunch. Students may take all 5 components.

Yogurt & Graham Crackers Offered Daily (Entrée Alternative)
Fruit Variety Served Daily
1% white milk or Non-fat Chocolate milk offered daily.

1
Turkey & Cheese Grinders
Romaine Salad
Sliced Cucumbers
Sandwich Spread
Ranch Dressing

2
Green Chicken Pozole w/Tortilla Chips
Shredded Cabbage
Lemon Wedges

3
Mac & Cheese w/Roll
Romaine Salad
Grape Tomatoes
Ranch Dressing

6
Fish Tacos
Shredded Cabbage
Carrot Sticks
Ranch Dressing
Salsa

7
Chicken Sandwich
Romaine Salad
Cauliflower
Ranch Dressing
Catsup

8
BBQ Cheeseburger
Romaine Salad
Celery Sticks
Ranch Dressing

9
Turkey Combo Burritos
Romaine Salad
Ranch Dressing
Verde Rebelde Salsa

10
3-Bean Deluxe Nachos w/Cheese
Romaine Salad
Grape Tomatoes
Ranch Dressing
Salsa

13
NO SCHOOL

14
Primavera Penne w/Meatballs
Romaine Salad
Carrot Sticks
Ranch Dressing

15
Chicken Shawarma w/Pita Bread
Romaine Salad
Ranch Dressing
National Shawarma Day!

16
Lola's Chicken Adobo w/Steamed Rice
Romaine Salad
Broccoli
Ranch Dressing

17
Beef Picadillo w/Tortilla Chips
Seasoned Pinto Beans
Romaine Salad
Ranch Dressing

National School Lunch Week: "Taste the World, Your School Lunch Passport!"

20
Walking Turkey Tacos
Shredded Lettuce
Grape Tomatoes
Ranch Dressing
Salsa

21
Orange Chicken w/Chow Mein
Romaine Salad
Fresh Broccoli
Ranch Dressing

22
Beef Enchilada Casserole
Romaine Salad
Green Beans
Ranch Dressing

23
Pepperoni Pizza
Romaine Salad
Jicama Sticks
Ranch Dressing

24
Cheesy Quesadillas
Seasoned Pinto Beans
Carrot Sticks
Ranch Dressing
Salsa

27
Teriyaki Beef Dippers w/Rice
Romaine Salad
Fresh Broccoli
Ranch Dressing

28
Chicken Corn Dogs
Seasoned Black Beans
Carrot Sticks
Ranch Dressing
Catsup
Mustard

29
Beef Enchilada Casserole
Romaine Salad
Sliced Cucumbers
Ranch Dressing

30
Beef Enchilada Casserole
Romaine Salad
Sliced Cucumbers
Ranch Dressing

31
Bat Shaped Chicken Nuggets
Romaine Salad
Grape Tomatoes
Ranch Dressing

